

Recovering from Religion Secular Therapy Project

FOR IMMEDIATE RELEASE

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SECULAR THERAPY PROJECT HELPS 20,000th CLIENT

Clients recognize value of evidence-based therapy

Recovering from Religion is proud to announce that its Secular Therapy Project has served 20,000 clients as they seek to find therapy free from religious dogma. Founded in 2012 by Dr. Darrel Ray, the project gained 10,000 clients registrations by 2017 under the directorship of Dr. Caleb Lack who stepped down in Jan. 2020 as Dr. Eric Sprankle took over leadership. This milestone represents the work of the outstanding professional leadership team, as well as the efforts of our 400+ therapists.

The purpose of the Secular Therapy Project is to help connect non-religious or secular persons who need mental health services with outstanding secular mental health professionals, such as psychologists, psychiatrists, social workers and counselors.

The STP screens therapists to ensure that each applicant a) is appropriately licensed in their state or country, b) is secular in nature as well as practice, and c) applies only evidence-based treatments, which have been shown to be effective at helping improve mental health problems in controlled clinical trials.

Therapists may apply to join the project if they meet the membership criteria. Anyone needing a good therapist may register and search the database for a therapist who can meet their needs.

Director Eric Sprankle says, "Reaching the milestone of serving over 20,000 clients is truly a testament of secularists' need to find competent mental health care without the worry of any form of proselytizing from their therapist. As the secular community continues to grow throughout the United States and the rest of the world, the Secular Therapy Project will continue increasing its resources to meet this growing demand."

For more information, or to apply as a therapist or client, visit www.seculartherapy.org. If you would like to schedule a podcast interview, please email: eric@seculartherapy.org.

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